



2008 WORKSHOP SCHEDULE

Time	Workshop	Instructor	Fee	Room
SATURDAY, September 12, 2008				
9:00 – 10:00 a.m.	<u>West Coast Swing Fusion</u> (Beginner) Learn the technique of basic West Coast Swing moves and how to incorporate them with Hand Dance for social dancers.	Tammy Brown & Kevin Fitzhugh	\$10.00	Pavilion 22
9:00 – 11:00 a.m.	<u>Steppin'</u> (Beginner, Intermediate, Advanced) Beginners will be introduced to the basic footwork and structure of Stepping. Intermediate instruction will cover partnered drills for the 'Leader' and 'Follower' with turns, track movement, hand positioning and body positioning. Advanced instruction will cover movements, combinations, spins and footwork for the 'club' or 'competition' dance floor.	Yvonne Stewart Cookie Taylor & Anthony Dease w/ Larry Collins	\$15.00	Pavilion 23
9:00 – 10:00 a.m.	<u>Lead and Follow Trios</u> Come learn a fun lead and follow Trio amalgamation that you can use on the social dance floor and/or in a choreographed routine.	Gregory Owens, Lisa Robinson, Cynthia Trueheart and Gerald Woodfork	\$10.00	Mezzanine 2
9:00 – 10:00 a.m.	<u>Ladies Styling</u> (Beginner/Intermediate) This class will address the beginning concepts of energy control and direction that gives the dancer the appearance of continuous motion and "lightness of being". The concepts of "dance play" will be introduced.	B. J. Jones	\$10.00	Grand Ballroom
10:00 – 11:00 a.m.	<u>R&B Line Dance Workout</u> (Advanced) Learn the latest R&B/Soul line dances from the Philadelphia area with Kenny J- as seen on YouTube®	Kenny J	\$10.00	Pavilion 22
10:00 – 11:00 a.m.	<u>Martin's Beginners/Advance Ballroom Workshop</u> Teaches beginning steps; spins and turns; and advanced turns.	Martin Hall	\$10.00	Mezzanine 2
10:00 – 11:00 a.m.	<u>Philly Bop & Cha/Cha (Beginners/Intermediate)</u> Jam to the Oldies. Flow to smooth jazz. Join the female and male instructors to experience the 6 count Philly Bop, and then get ready to 1-2-Cha-Cha-Cha. It's easy and fun!	Audrey and June Donaldson	\$10.00	Grand Ballroom
11:00 – 12:00 noon	<u>Line Dancing</u> (Beginner/Intermediate) Students will learn a variation of popular line dances which will give them a cardiovascular workout while having fun at the same time.	Dyone Mitchell	\$10.00	Pavilion 22
11:00 – 12:00 noon	<u>Urban and Latin Style Cha-Cha</u> (Beginner/Intermediate) Come learn Urban and Latin beginner and intermediate Cha-Cha Style Dancing from the S.S.W.B.A. and Odunde, Inc. (Bop til you drop) 2005 Cha-Cha Champions	Andre Bellamy and Michelle Griffin 2005 and 2006 Champs	\$10.00	Pavilion 23
11:00 – 12:00 noon	<u>Hand Dance Made Easy</u> (Beginner) In this class, students will be taught not only the basic step, but also turns, the lead and follow connection, and a mini-routine that you can use to impress your friends. You will be surprised at how easy our technique is as an introduction into learning hand dance.	Dennis Higginbotham and Carolyn Rhone	\$10.00	Mezzanine 2
11:00 – 12:00 noon	<u>Groovicality 101</u> (Intermediate and Advanced) Move & Groove with M&D. This workshop will focus on techniques that will maximize your groove, including body isolations, funky footwork & daring dance moves.	Markus Smith and Deonna Ball	\$10.00	Grand Ballroom
12:00 – 1:00 p.m.	<u>Hand Dance</u> (Intermediate) More emphasis on amalgamations, better use of connection and combinations of moves. Mechanics can include: sailor shuffles, moving pumps, extended double steps. Partnering techniques will include swings and tuck turns with their variations.	Victor Howard and Joy Hunter	\$10.00	Pavilion 22

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12:00 – 1:00 p.m.	<u>Bop (DC)</u> Spice up your DC Bop with some fun, easy lead and follow styling moves to make your Bop look a little different from what you see on the social dance floor.	Gregory Owens and Cynthia Trueheart	\$10.00	Pavilion 23
12:00 – 1:00 p.m.	<u>Combinations (double)</u> (Intermediate/Advanced) Double-handed combinations to make you say “HMMMMM” and other dancers say “WOW” (Ladies must be able to do double turns and men make be able to giver positive leads; dancing in the track a must).	Anthony “Figgy” Jones and Linda Allen	\$10.00	Mezzanine 2
12:00 – 2:00 p.m.	<u>Steppin</u> (Beginner/Intermediate) -- MORE INFORMATION TO COME --	Sherry Gordon	\$15.00	Grand Ballroom
1:00 – 2:00 p.m.	<u>Toe The Line</u> (Beginner) Learn three beginner level line dances.	Sharon Lynn Holmes	\$10.00	Pavilion 22
1:00 – 2:00 p.m.	<u>Fabulous Fun Footwork For (Amazing Amalgamation):</u> A collection of intricate foot patterns along with creative dance rhythms to make all level dancers feel even “BETTER”.	Steve Mitchell and Gaye Proctor	\$10.00	Pavilion 23
1:00 – 2:00 p.m.	<u>Show Stopping Leverage Moves</u> (All Swing Dances) Lean, dips, and slides (Leverage Moves)	Lawrence “Brad” Bradford and Lisa Robinson	\$10.00	Mezzanine 2
2:00 – 3:00 p.m.	<u>Variations and Techniques of Spins & Turns for Leaders and Followers</u> (All, even beginners) This will once again introduce techniques for the perfect turn, such as spotting. Practicing quick and easy variations of turns which you will be able to use immediately in your social dance and routines; Paddle, Spot, Tuck, Pivot turns, Monterey, Fan Spin and a few others. Also introducing Pirouettes and Pique turns.	Gaye Proctor	\$10.00	Pavilion 22
2:00 – 3:00 p.m.	<u>Line Dance with Symmetry In Motion</u> (Beginner/Intermediate) Come “Move to the Groove” to some of the popular and hottest line dances in the area.	Danita Moses and Julian Haley, Jr.	\$10.00	Pavilion 23
2:00 – 3:00 p.m.	<u>Ladies Styling:</u> (Intermediate/Advance) This class will address more advanced concepts of energy control and direction that gives the dancer the appearance of continuous motion and “lightness of being”. The when and the how to “create on the fly,” will also be addressed.	B. J. Jones	\$10.00	Mezzanine 2
2:00 – 3:00 p.m.	<u>The "Latin Hustle" Easy as 1-2 and 3</u> Latin Hustle is a smooth syncopated 3 count dance done to 4 count music. Students will be taught: Hand & Foot Coordination, Rules of Leadership & Following, Proper Footwork Technique, Critical Hand Connections, Multiple Spins, Pivoting, Slot Action Movement, Styling Tips, Innovative Tricks and Dips for the advance couples and much more.	Demetrius Jones and Cathy Wright	\$10.00	Grand Ballroom